

# **Counselor-in-Training Program**

**For current 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> graders**

**June 24 – Aug 2, 2019**

**Bethel, Chelsea, Newton, Rochester, Sharon,  
S. Royalton, Stockbridge, Tunbridge**



**LEARN**  
**Job Skills**  
**First Aid Skills**  
**Communication Skills**  
**How to facilitate games & activities with kids**

**HAVE FUN**  
**Field trips**  
**Free Food**  
**Swimming**  
**Outdoor Adventures**  
**Team Building**  
**Games**

Submit completed application to  
Carrie McDonnell  
White River Valley Supervisory  
Union  
461 Waterman Road  
Royalton, VT 05068

***Applications must be received by Wed., May 1***

NEED APPLICATION? Contact Carrie McDonnell at 802-763-7775 or  
[CMcDonnell@wrvsu.org](mailto:CMcDonnell@wrvsu.org)

## Counselor-in-Training Program Details

All CIT applicants must submit a consent form signed by a parent with their application. Parents/Guardians & Applicants, please carefully read program description below before signing this form. Application due May 1, 2019.

### **CIT Program Details**

- Program is open to students currently in 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> grade in WRVSU member towns.
- Program runs for 4 to 6 weeks (depending on the sites- see below), Monday- Friday, 9am-4:00pm. **Attendance at the training week, June 24-28, is required.** Applicants who can commit to at least 3 additional weeks will be given priority.

#### PROGRAM DATES BY SITE

Training at South Royalton School: June 24-28  
Bethel: June 24- August 2  
Chelsea/Tunbridge: July 1-August 2  
Newton: June 24- July 26  
Sharon: June 24-August 2  
South Royalton: June 24- August 2  
Stockbridge/Rochester: July 1-26

- During the first week, June 24-28, ALL CITs will meet at the South Royalton School to participate in a variety of fun, hands-on trainings in a variety of skills: leadership, communication, conflict resolution, first-aid, job, child development, and more. This week will also include supervised free time and field trips to allow for relationship building among the CITs.
- During the following three to five weeks, CITs will work with campers at their home school (i.e., CITs who are/were Bethel School students will work at the Bethel One Planet Summer Camp). During this period, CITs will meet with the Site Coordinator for weekly check-ins.
- Parents or other responsible adults must provide CITs with transportation to and from the school(s).
- CITs must commit to being at the program *every day* during at least 4 weeks. If a CIT misses more than 3 days during their 4-week commitment (without prior approval), he/she will lose their position as a CIT.
- CITs will be given reasonable tasks and responsibilities, and it is expected that CIT's complete these tasks and responsibilities to the best of their ability. If a CIT repeatedly fails to do so, he/she will lose his/her position.
- CITs can opt to bring their own lunch or eat the lunch provided at each site. CITs at all sites will receive a morning and afternoon snack.
- We take a limited number of CITs, so not all applicants will be accepted. We will contact applicants with a final decision by mail by Friday, May 17th.

-Ollie Brown, a veteran camp director and licensed educator, and Joe Bonasera, a trained clinical social worker who has led our Counselor-in-Training program for the past five years, will be heading up the CIT Program this summer.

-**Stipend:** CITs who complete the program (attend 4 weeks or more) will get a \$100 stipend. IF a student has been a CIT before, they will get an additional \$100 for each year served as CIT. In other words, a 2nd year CIT would get \$200, a third year CIT would get \$300.

# Counselor-in-Training Program Application

## **APPLICANT INFORMATION**

Name \_\_\_\_\_ Birth Date \_\_\_\_\_

School \_\_\_\_\_ Entering Grade \_\_\_\_\_ Gender \_\_\_\_\_

Home Address \_\_\_\_\_  
Street Town State Zip

Mailing Address \_\_\_\_\_  
Street Town State Zip

Phone Number \_\_\_\_\_ Email (if applicable) \_\_\_\_\_

## **REFERENCES**

Please list three references (1 relative and 2 non relatives)

1. \_\_\_\_\_  
Name Address Phone #

2. \_\_\_\_\_  
Name Address Phone #

3. \_\_\_\_\_  
Name Address Phone #

Below is a list of skills & training you will likely receive as a CIT. Please mark with a "1" the skills you are most interested in receiving:

- |   |   |
|---|---|
| <input type="checkbox"/> Effective communication skills | <input type="checkbox"/> How to be assertive                  |
| <input type="checkbox"/> Leadership skills              | <input type="checkbox"/> Conflict resolution skills           |
| <input type="checkbox"/> First-aid/CPR training         | <input type="checkbox"/> How to make decisions and plan ahead |
| <input type="checkbox"/> Child development skills       | <input type="checkbox"/> How to apply for a job               |

Below are a list of some everyday camp activities you would encounter as a CIT. Please mark with a "1" the activities that you can assist in teaching and a "2" the activities that you are interested in learning about:

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> Traditional Sports       | <input type="checkbox"/> Nature Activities | <input type="checkbox"/> Journaling  |
| <input type="checkbox"/> Arts & Crafts            | <input type="checkbox"/> STEM Activities   | <input type="checkbox"/> Swimming    |
| <input type="checkbox"/> Outdoor Adventure Sports | <input type="checkbox"/> Snack Preparation | <input type="checkbox"/> Dance/Music |

**At what site do you want to work (please remember that ALL CITs must attend training June 25-29)?**

\_\_\_ Bethel (June 24 - Aug 2)

\_\_\_ Sharon (June 24 – Aug 2)

\_\_\_ Chelsea/Tunbridge (July 1-Aug 2)

\_\_\_ South Royalton (June 24- Aug 2)

\_\_\_ Newton (June 24 – July 26)

\_\_\_ Stockbridge/Rochester (July 1- July 26)

**Are there any days during the site’s program dates that you CANNOT work (please remember the CITs must commit to working at least 3 additional weeks beyond the training week).**

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**Please answer the following questions:**

1) Why are you interested in being a CIT in the One Planet Summer Camps?

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2) Give 4 reasons One Planet should choose you as a CIT.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

3) What do you hope to get out of your CIT experience?

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4) Please include anything else you feel would help you gain admittance into the CIT program.

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**PARENTS/GUARDIANS:** By signing below, I am giving my child, \_\_\_\_\_, consent to participate in the Counselor-in-Training Program. I have read and understand the program details outlined above.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**APPLICANTS:** I have read and agree to the program details outlined above.

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date